Untitled

Corn meal dough bait

Blend together 1 cup of water, 1 1/2 tbsp. vanilla, in a medium-sized pot, over medium heat. When mixture starts to boil, slowly sprinkle in 1 cup of yellow cornmeal.

Stir mixture quickly and thoroughly for about 3 min. until it becomes a firm doughy consistency. Remove from heat and put dough on a dinner plate. Press the dough flat and let it cool for 1 or 2 min. then turn it over and let the other side cool.

Work the dough in your hand for a minute, then place it in a plastic bag and seal it.