

Supplemental Tiger Den Meeting J

Go See It: Visit a Bike Repair Shop and Take a Bike Ride With Your Adult Partner
Elective 38. Elective 37.

Preparation and Materials Needed

- Make arrangements to visit a bicycle repair shop. If there is none convenient or Tiger Cub friendly, find an adult partner or neighbor with bike tools and interest in hosting (tools plus bikes equals repair shop!).
  - Give the shop manager or other instructor a copy of this meeting plan.
  - Arrange transportation to the bicycle shop or meet there.
- ***Important note:*** The bike ride part of this meeting is appropriate only if all Tiger Cubs have learned to ride a bike. If some have not yet learned, encourage them to do so well in advance of this meeting. Avoid having a boy feel embarrassed about not knowing how to ride. This meeting may need to be scheduled late in the year, or not at all, if it would cause embarrassment for a boy.
- Plan the location for this ride.
  - It will be safest to use a bicycle path or other area not used by motor vehicles.
- Communicate with parents to make sure all boys have access to a bike and a proper helmet, and so non-riders have advance notice so the boys have time to learn how to ride a bicycle.
  - Each boy participating in the bike ride must wear an approved bike helmet.
- Materials checklist (add to your den box of U.S. and den flags, paper and pencils, other supplies):
  - Bike safety quiz (An example is at the end of this meeting plan.)
  - Bike repair tools (pumps, spare tubes, tire patch, and other tools), and your own bike and helmet.
  - Tiger Track Beads for Tiger Cub Immediate Recognition Emblem

Before the Meeting

- Make final preparations with assistance from any assistant den leader or host team (Tiger Cub and adult partner) or other parent helper or den chief. Organize the space (seating, flags, advancement charts, activity materials, handouts, etc.). If you're snacking, organize space for that and the cleanup.

Gathering

- Have a gathering activity (games, puzzles, coloring, puppets) that will keep Tiger Cubs interested and busy, and that others may join as they arrive. If the den desires, serve a healthy snack during this time.
- Collect dues, record attendance and any advancement completed at home (a good job for an assistant den leader). Assign parents to meeting roles and hand out a meeting plan to each.

Opening

- Conduct flag ceremony and Pledge of Allegiance.
- Recite the Cub Scout Promise (or other opening); perhaps add a roll call and/or uniform recognition.

Business Items

- Remind the boys of appropriate behavior, including safety considerations, at the site of your visit.
- Review bicycle safety rules and the plan for your ride.
- Use this time to discuss participation in coming pack meetings or events, as needed.

Activities

- **Elective 38** ("Visit a bike repair shop."):
  - See how people repair broken bicycles and what they do to keep them working.
  - Find out what you can do to take care of a bicycle so that it will last a long time.
  - Have individual "parent signoffs" for bike inspection (so they can judge if each bike is ready to ride).

- **Elective 37** ("Take a bike ride with your adult partner."):
  - Make sure there is sufficient time and space for the Scouts to ride around and enjoy their bikes!



Closing

- Award (or recognize) any advancement completed at this meeting; thank hosts, guests, and helpers.
- Closing ceremony: perhaps a den leader's minute, Law of the Pack, den yell, and/or Living Circle.
- Hand out or send family information letter.

After the Meeting

- If you've changed the sequence of den meetings, double-check to make sure you will still advance your boys appropriately and check with the Cubmaster to make sure you stay coordinated with the pack.
- Refreshments: If appropriate
- Cleanup: Recruit enough help to do a good job. Scouts always leave an area as clean, or cleaner, than they found it.



Bike Safety Quiz

A bicycle is not a toy; it is a vehicle and ***you are the driver!***
Learn to share the road and ***Ride Safely.***

1. **Are there any times when you don't need to wear a helmet when riding a bike?**

   Answer: _____

2. **Name three safe bike riding practices:**

   Answer: _____
   _____
   _____

3. **What kinds of things should you check before you begin to ride?**

   Answer: _____

4. **Where do most bicycle crashes occur?**

   Answer: _____

5. **When riding your bike, it is important to stay alert at all times. Name three road hazards you should watch out for:**

   Answer: _____
   _____
   _____

6. **Is it OK to ride a bicycle while listening to audio headphones?**

   Answer: _____

7. **What is the most serious type of injury for cyclists?**

   Answer: _____

8. **Always be a courteous cyclist. Remember, who has the right of way? Cyclists or pedestrians?**

   Answer: _____

9. **How do you finish this sentence? Be Safe, Be _____! Sore *or* Seen?**

   Answer: _____

10. **Always go with the flow of traffic, and stay to which side of the road?**

    Answer: _____

11. **Before entering a roadway, you should look which ways for traffic?**

    Answer: _____

12. **Where do you always need to check before changing lanes?**

    Answer: _____

13. **Your bicycle helmet should cover your what?**

    Answer: _____

14. **Your bicycle helmet should fit how?**

    Answer: _____

15. **When making a turn, what do you do for others?**

    Answer: _____



Bike Safety Quiz Answers

A bicycle is not a toy . . . it is a vehicle and ***you are the driver!***
Learn to share the road and ***Ride Safely***.

1. **Are there any times when you don't need to wear a helmet when riding a bike?**

   Answer: No, you should wear a helmet every time you get on any bike.

2. **Name three safe bike riding practices:**
   Answers include:

   a. Ride single file.
   b. Obey traffic signs, signals, and lane markings.
   c. Always ride on the right side of the road, with traffic.
   d. Signal your moves to others.
   e. Check for traffic at an intersection.
   f. Stay alert at all times; slow down at driveways.
   g. _____

3. **What kinds of things should you check before you begin to ride?**
   Answers:

   a. Inflate your tires properly.
   b. Check your brakes before riding.
   c. Always wear bright colors.
   d. Make sure you're not wearing clothes that can get caught in your bike.
   e. Carry your books and other possessions in a bicycle carrier or backpack.

4. **Where do most bicycle crashes occur?**

   Answer: At intersections, including driveways.

5. **When riding your bike, it is important to stay alert at all times. Name three road hazards you should watch out for.**

   Answers: Potholes, wet leaves, storm grates, cracks, gravel, broken glass or trash, water or oil, parked cars (doors flying open), _____

6. **Is it OK to ride a bicycle while listening to audio headphones?**

   Answer: No.

7. **What is the most serious type of injury for cyclists?**

   Answer: Head injuries.

8. **Always be a courteous cyclist. Remember, who has the right of way? Cyclists or pedestrians?**

   Answer: Pedestrians.

9. **How do you finish this sentence? Be Safe, Be _____! Sore *or* Seen?**

   Answer: Be Safe, Be Seen!

10. **Always go with the flow of traffic, and stay to which side of the road?**

    Answer: The right side of the road.

11. **Before entering a roadway, you should look which ways for traffic?**

    Answer: Left-right-left.

12. **Where do you always need to check before changing lanes?**

    Answer: Beside you, in front of you, and behind you!

13. **Your bicycle helmet should cover your what?**

    Answer: Forehead and the top of your head.

14. **Your bicycle helmet should fit how?**

    Answer: Snugly, all straps snug and attached.

15. **When making a turn, what do you do for others?**

Answer: Signal your turn; show right and left turn signals.